

Health & Wellness Coordinator

Description

A Health and Wellness Coordinator works for a company, city, or community, encouraging employees or residents to take care of their health. As a Health and Wellness Coordinator, you educate and inspire people on issues of all kinds, from mental to physical.



KEY COMPETENCIES

1. Persuasive
2. Listening
3. Positive thinking
4. Knowledgeable
5. Presentable
6. Persistent
7. Communication
8. Adaptable

WORK ENVIRONMENT

Most Health and Wellness Coordinators work in gyms, universities, and other fitness and wellness facilities. Some coordinators find work with local governments and school districts. Others may decide to open their own gym or fitness center. Still, others find employment in hospitals and assisted living facilities.

EDUCATION & TRAINING

A bachelor's degree is required to be a fitness and wellness coordinator. Some individuals opt to complete a master's degree, although graduate studies are not typically required. Fields of study can include exercise science, health education, physical education or other similar disciplines.

JOB OUTLOOK

Vacancies for this career have increased by 24.50 percent nationwide in that time, with an average growth of 4.08 percent per year. Demand for Fitness and Wellness Coordinators is expected to go up.



Health & Wellness Coordinator

Health & Wellness Director

Health & Wellness Manager

Health & Wellness Coordinator

Health & Wellness coach

Health & Wellness officer



Career Development Services Unit
Gordon Road, Kingston 6
Tel: 876 994-3278
<https://www.cdjamaica.org/>

Massage Therapist

Description

Massage therapists treat clients by using touch to manipulate the muscles and other soft tissues of the body.



KEY COMPETENCIES

1. Communication skills
2. Decision-making skills
3. Empathy
4. Integrity
5. Physical stamina
6. Physical strength and dexterity
7. Time-management skills

WORK ENVIRONMENT

Massage therapists work in an array of settings, such as spas, franchised clinics, physicians' offices, hotels, and fitness centers. Some massage therapists also travel to clients' homes or offices to give a massage.

EDUCATION & TRAINING

Prospective massage therapists should complete a certificate or diploma degree program from an accredited school. During their studies, future massage therapists may take coursework in medical terminology, body mechanics, massage ethics, anatomy, and physiology.

JOB OUTLOOK

Employment of massage therapists is projected to grow 21 percent from 2019 to 2029, much faster than the average for all occupations. Demand will likely increase as more healthcare providers understand the benefits of massage and these services become part of treatment plans.



Massage Therapist



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Mental Health Technician

Description

A mental health technician is expected to understand and implement individual treatment plans, record patient behaviour, and provide a safe, supportive environment for patients. Technicians may provide and record patient medications and assisting in daily activities, whether therapeutic or recreational.



KEY COMPETENCIES

1. Clinical Rapport
2. Empathy
3. Compassion
4. Active Listening
5. Record Keeping
6. Information Technology Savvy

WORK ENVIRONMENT

Mental health technicians work in many settings, including mental health facilities, hospitals, schools, and shelters. Behavioural health technicians have many responsibilities, with one common goal of supporting psychiatric patients with their daily needs.

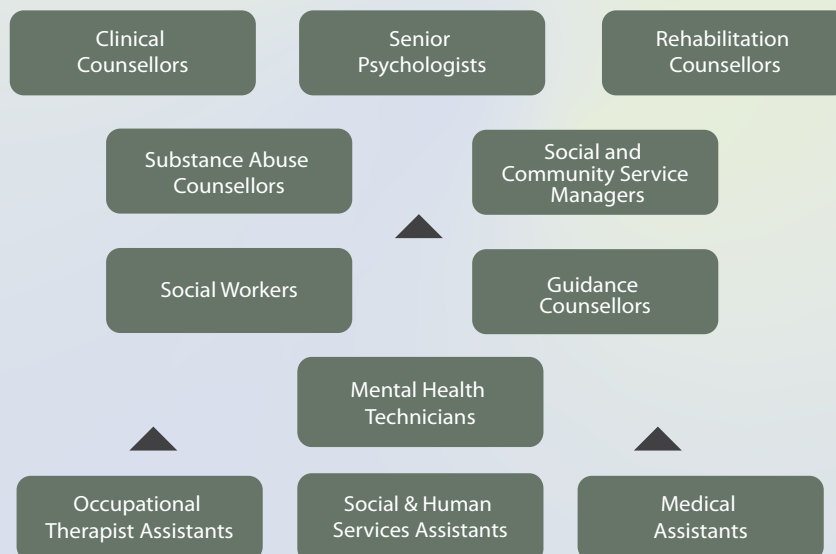
EDUCATION & TRAINING

The education requirements to become a mental health technician include either a high school diploma followed by a certificate program or associate degree, as well as on-the-job training. Online programs exist for behavioural technician certification which some employers require.

JOB OUTLOOK

Overall employment of mental health technicians is projected to grow 12 percent from 2019 to 2029, much faster than the average for all occupations.

Mental Health Technician



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Occupational Therapist

Description

Occupational therapists help people overcome physical and mental problems that are the result of disability, injury, ageing or illness. Occupational therapists provide practical advice and solutions to enable people to live full, satisfying and independent lives.



KEY COMPETENCIES

1. Assumes Professional Responsibility
2. Critical Thinking
3. Communicates and Collaborates
4. Flexibility
5. Interpersonal Skills
6. Patience
7. Compassion

WORK ENVIRONMENT

Most occupational therapists work in hospitals or occupational therapy practices, while others work in schools, physicians' offices, home health services and nursing homes. Occupational therapists in hospitals and other health care and community settings usually work a 40-hour week.

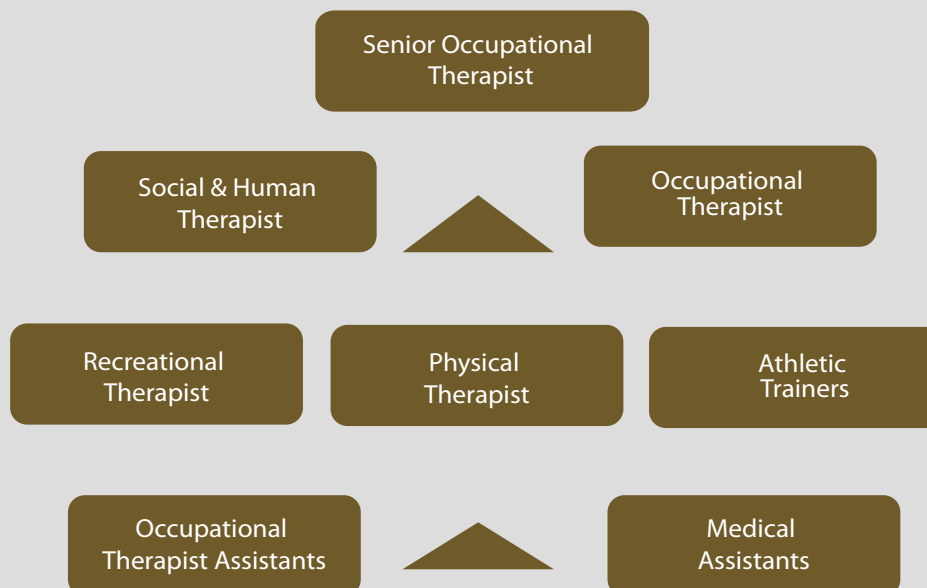
EDUCATION & TRAINING

A master's degree is required to become an occupational therapist. Students can either earn a bachelor's degree in a related field, like biology or physiology, before advancing to a master's program, or they can apply for a combined bachelor's/master's program.

JOB OUTLOOK

Employment of occupational therapists is projected to grow 16 percent from 2019 to 2029, much faster than the average for all occupations. Occupational therapy will continue to be an important part of treatment for people with various illnesses and disabilities, such as Alzheimer's disease, cerebral palsy, autism, or the loss of a limb.

Occupational Therapist



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Medical Health Service Manager

Description

Medical and health services managers typically do the following:

- Improve efficiency and quality in delivering healthcare services.
- Develop departmental goals and objectives.
- Ensure that the facility in which they work is up to date on and compliant with laws and regulations.



KEY COMPETENCIES

1. Adaptability
2. Leadership
3. Communication
4. Business Acumen
5. Empathy
6. Compassion

WORK ENVIRONMENT

Most medical and health services managers work in offices in healthcare facilities, including hospitals and nursing homes, and group medical practices.

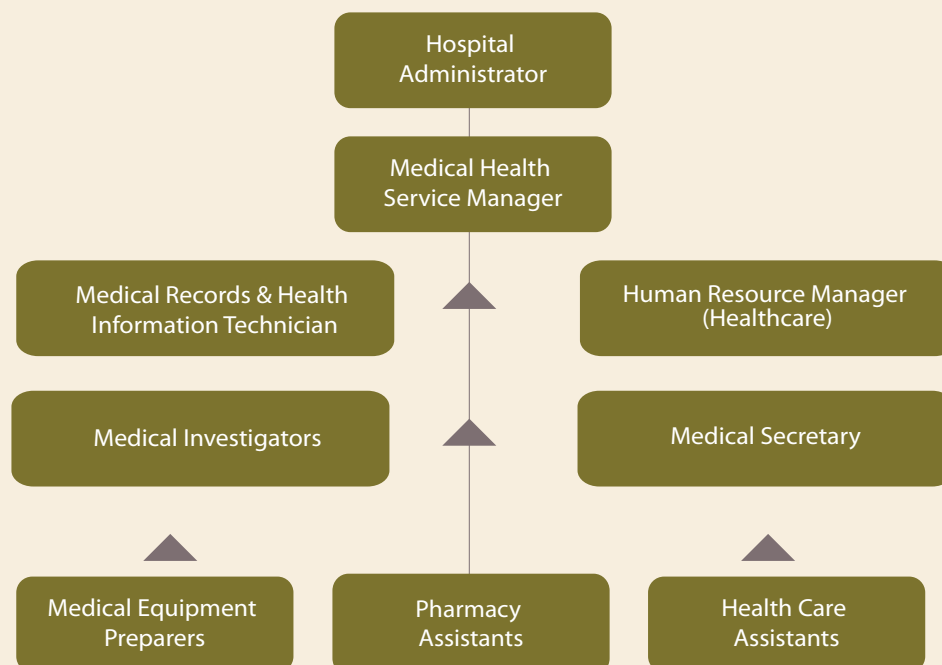
EDUCATION & TRAINING

Most medical and health services managers have at least a bachelor's degree in behaviour, social science or psychology before entering the field; however, master's degrees also are common.

JOB OUTLOOK

Employment of medical and health services managers is projected to grow 32 percent from 2019 to 2029, much faster than the average for all occupations. As the large baby-boom population ages and people remain active later in life, there should be increased demand for healthcare services.

Medical Health Service Manager



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Nurse Anaesthetists

Description

A nurse anaesthetist provides pain medication (anaesthesia) care for patients before, during, and after surgery. They administer medications to keep patients asleep or pain-free during surgery and constantly monitor every biological function of the patient's body.



KEY COMPETENCIES

1. Accurate record-keeping skills
2. Bedside manner
3. Communication and teamwork skills
4. Intravenous and intramuscular anaesthesia administration
5. Inhaled anaesthesia administration
6. Preoperative, perioperative and postoperative patient appointments
7. Administration of blood and medication

WORK ENVIRONMENT

Nurse anaesthetists work in hospitals, doctors' offices, surgical clinics, the military, psychiatric institutions, respiratory therapy departments, emergency rooms, and outpatient care centers.

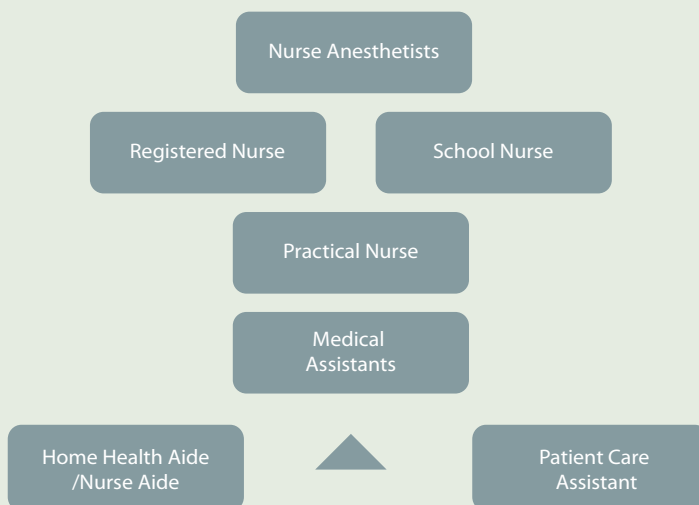
EDUCATION & TRAINING

To become a nurse anaesthetist, you must first become a registered nurse with a Bachelor of Science in Nursing (BSN). Then, to proceed to the level of nurse anaesthetist, you must have a registered nurse (RN) license and a master's degree from an accredited Masters in Nursing (MSN) program with a Certified Registered Nurse Anaesthetist (CRNA) program.

JOB OUTLOOK

Although just about every job category in the medical field is in high demand, the need for certified registered nurse anaesthetists (CRNAs) is higher than ever. In fact, the Bureau of Labour Statistics reports that the specialty will grow by more than 30 percent in the next decade.

Nurse Anesthetists



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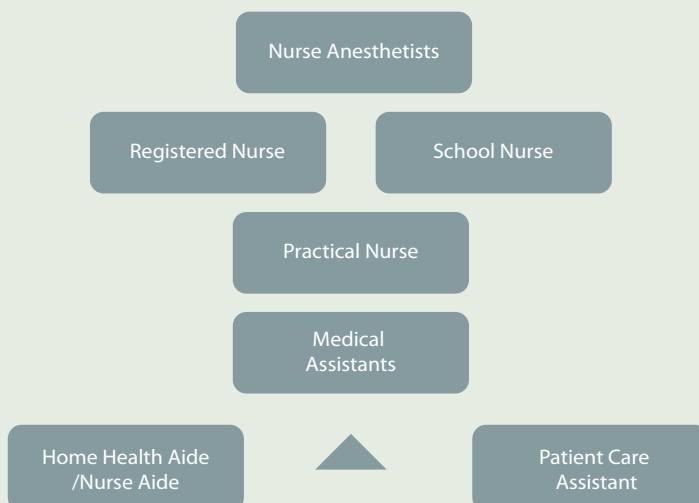
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Nurse Anesthetists



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Pharmacist

Description

Pharmacists serve patients by preparing medications, giving pharmacological information to multidisciplinary health care teams, and monitoring patient drug therapies. Prepares medications by reviewing and interpreting physician orders and detecting therapeutic incompatibilities.



KEY COMPETENCIES

1. Expertise in Medications and Drug Distribution
2. Collaboration and Communication
3. Safety and Quality
4. Professionalism and Ethics

WORK ENVIRONMENT

Most pharmacists work in a community setting, such as a retail drug store, or in a hospital or clinic. Pharmacists usually work in clean, well-lit and well-ventilated areas. Many pharmacists spend most of their workday on their feet. Some, including many self-employed pharmacists, work more than 50 hours a week.

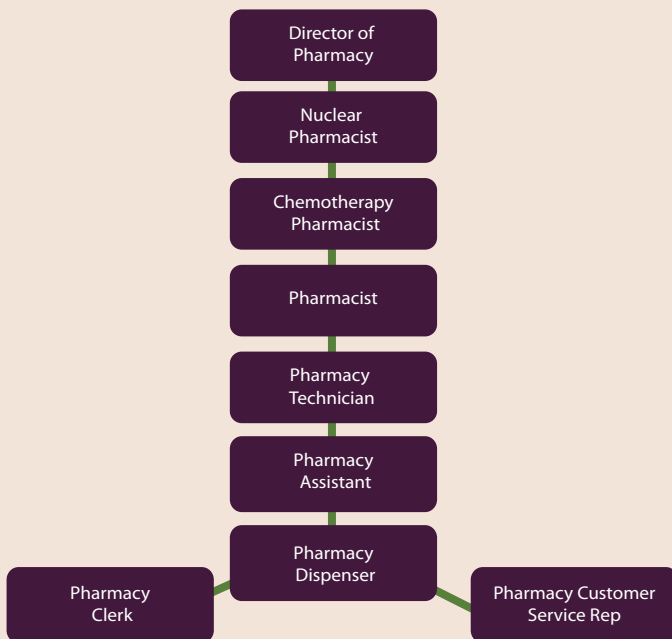
EDUCATION & TRAINING

The Doctor of Pharmacy (PharmD) degree program requires at least two years of specific undergraduate college study followed by four academic years (or three calendar years) of professional pharmacy study. Most students enter a pharmacy degree program after completion of three or more years of college/University.

JOB OUTLOOK

Employment of pharmacists is projected to decline 3 percent from 2019 to 2029. Many pharmacists work in retail pharmacies and drug stores, which are expected to lose jobs as more people fill their prescriptions via mail order and online. Many pharmacists will continue to offer their services online.

Pharmacist



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Veterinary Technician

Description

A veterinary technician is a credentialed professional whose job involves helping all types of animals live healthy and happy lives. Vet techs use medical knowledge and clinical skills to provide routine and emergency nursing care under the direction of a veterinarian.



KEY COMPETENCIES

1. Knowledge of animal behaviour
2. Animal husbandry
3. Love of animals
4. Documentation skills
5. Analyzing information
6. Clinical skills
7. Use of medical technologies
8. Attention to detail

WORK ENVIRONMENT

Veterinary technologists and technicians typically work in private clinics and animal hospitals. They also may work in laboratories, colleges and universities, and humane societies.

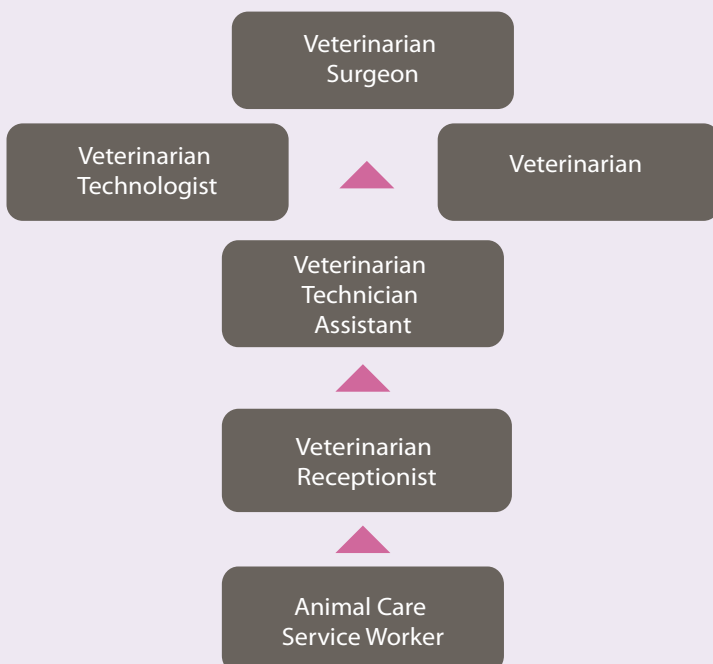
EDUCATION & TRAINING

Veterinary technicians must be a graduate of an American Veterinary Medical Association (AVMA) -approved program. This means, at minimum, a 2-year associate's degree in veterinary technology or animal science. Hands-on training is a mandatory part of degree programs of this type.

JOB OUTLOOK

Employment of veterinary technologists and technicians is projected to grow 16 percent from 2019 to 2029, much faster than the average for all occupations. Employment is expected to grow as veterinarians continue to use technicians and technologists to do general care and lab work on household pets.

Veterinary Technician



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Pharmacy Customer Service Representative/Service Clerk

Description

Pharmacy service clerk is responsible for performing daily, routine tasks in the pharmacy such as answering the phone, responding to customer requests, data entry, record maintenance, and other clerical duties. Additionally, pharmacy service clerks typically report to a supervisor.



KEY COMPETENCIES

1. Persuasive speaking skills. Think of the most persuasive speaker in your organisation.
2. Empathy
3. Adaptability
4. Ability to Use Positive Language
5. Clear Communication Skills
6. Self-Control
7. Taking Responsibility
8. Patience

WORK ENVIRONMENT

Pharmacy customer service representatives often need to work during busy times, which may include evenings, weekends, and holidays. Jobs in call centers may require representatives to work shifts early in the morning or late at night because some pharmacies are open 24 hours a day.

EDUCATION & TRAINING

Requires a high school diploma or its equivalent. Additionally, the pharmacy customer service rep typically reports to a supervisor. The pharmacy customer service rep possesses a moderate understanding of general aspects of the job.

JOB OUTLOOK

Around 400,000 more pharmaceutical sales jobs will be created through 2022. Pharmacy customer service reps are recruited by pharmaceutical manufacturing firms, research institutes, distributors, and wholesalers.

Pharmacy Customer Service Rep

Consultant Pharmacist

Principal Pharmacist

Senior Pharmacist

Pharmacist

Pharmacy Technician

Pharmacy Customer Service Rep



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